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Bangalore Mirror

TEMP Max 30 | Min 21 | Humidity 93% Scattered thunderstorms Sensex 52,973 | Nifty 15,842 | Gold 50,095 | Silver 60,448 | Dollar 77.86 | Euro 81.10 | GBP 95.37

Despite a 2017 ban, waste burning in public continues unabashed in Bengaluru, even in govt offices

BURNING MAN

Trash burnt at Cauvery Bhavan which houses BWSSB, KPTCL, KHB offices

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Soot from garbage burning on walls near entrance of Kandaya Bhavan on KG Road

It seems a few government departments are either ignorant or oblivious about the state government's ban on burning garbage, leaves or twigs in public places.

It appears as though the state government itself, perhaps, has forgotten about its responsibility to implement the ban on burning garbage at public places and punish those responsible for polluting the environment.

Government departments are expected to be models for public and private organisations to follow in ensuring cleanliness and disposing of garbage as per norms. However, trash is being burnt at Cauvery Bhavan which houses the Bengaluru Water Supply and Sewerage Board (BWSSB), Karnataka Power Transmission Corporation Limited (KPTCL) and Karnataka Housing Board offices.

"It is quite disgusting to see garbage being burnt at Cauvery Bhavan and City Civil Court premises near the public toilet complex. These government offices are supposed to be models in segregating waste and handing it over to the pourakarmikas. It is shocking to see dry waste being burnt, instead of being recycled. I want the BBMP solid waste management division to take measures to avoid burning of dry waste at Cauvery Bhavan premises," said Gowdaiah, a resident of Sir M Visvesvaraya Layout who visited Cauvery Bhavan recently.

He claimed that he had already informed the then BWSSB chairman Tushar Giri Nath about burning of dry waste behind the BWSSB office building. "I expected Tushar Giri Nath to take measures to stop burning of dry waste but he did nothing to stop it. Now, he is the BBMP chief commissioner. How do you expect him to avoid or prevent the burning of dry waste at public places in the city?" Gowdaiah wondered.

This correspondent visited dry waste dumps at Cauvery

CONTINUED ON PAGE 6 »

> **"It is disgusting to see garbage being burnt at Cauvery Bhavan and City Civil Court premises near the public toilet complex.** — Gowdaiah, resident, Sir M Visvesvaraya Layout

No boasts about booster

Out of 91.7 lakh target, 5.5 lakh doses administered, BBMP records show

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The Covaxin and Covishield vaccines' booster doses, a precautionary measure against covid-19 for all above 18 years of age, were rolled out on April 11. However, just 5% of the target population in the city received the jab so far.

Although the total target population for the dose is 91.7 lakh, as per the Bruhat Bengaluru Mahanagara Palike's (BBMP) records, only around 5.5 lakh booster doses have been administered.

Moreover, the majority of the population that has taken the booster dose are above 60 years of age. When it comes to the number of individuals in the age group of 18-59, only around 87,000 individuals have received the jab.

Notably, covid-19 vaccination booster doses are currently being administered only at private hospitals in the city.

"Takers for booster vaccination are very few as of now. Hence, we are administering it on a weekly basis, as we do not want to waste the doses. We are giving away about 40 booster shots of both Covaxin and Covishield weekly," said a senior official of Aster RV Hospital, JP Nagar.

Experts said as the fear of the pandemic is waning, fewer individuals are reaching out for precautionary doses.

CONTINUED ON PAGE 6 »

3 THINGS TO DO

01 Solega in the spotlight

Solega is an ethnic group of south India. Birds play important roles in their life, myth, and culture. Their songs at their harvest festival ceremonies conclude with the Haduke – dusk-to-dawn song cycle about all the living beings in the forest, and Solega gods and goddesses. The Indian Music Experience Museum invites you to a celebration of Solega bird folklore, featuring performances by three generations of women from Biligirirangan Hills and a talk on Solega knowledge of birds by Dr Samira Agnihotri.
Where: Indian Music Experience Museum, JP Nagar
When: May 22, 5.30 pm – 7 pm
Tickets: bookmyshow.com

02 Write Out Loud

Lahe Lahe brings to you an evening of baring your soul on paper. Every Tuesday, participate in a heart-plucking session of poetry, and good company. Come, share your poetry in a circle and unwind.
Where: Lahe Lahe, Indiranagar
When: May 17, 7.30-9.30 pm
Contact: 9886294444

03 Sunil Grover, live

Indian actor and stand-up comedian Sunil Grover will be performing live at Algorithm by Forum Shantiniketan Mall, Whitefield. Famous for his character Gutthi in Comedy Nights with Kapil, Grover has essayed a plethora of supporting roles. His talent was recognized when he acted in India`s first silent comedy Gutur Gu (2010-2014). The actor then essayed the role of Dr Mashoor Gulati in The Kapil Sharma Show, for which he got widespread recognition.

Where: Algorithm by Forum Shantiniketan Mall, Whitefield
When: May 21, 7:30 pm onwards
Tickets: Rs 499 onwards, bookmyshow & Paytm Inside.

Seeking Nirvana

Buddhist monks and devotees offer prayers at Maha Bodhi Society in Gandhinagar on the occasion of Buddha Purnima, in Bengaluru on Monday

PIC: KAUSHIK JN

In other good news: Positivity rate dips

Health experts say TPR is most accurate representation of virus transmission

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Though Covid cases have seen an uptick in the last few weeks, the good news is that the positivity rate seems to be decreasing along with the fear of a fourth wave.

On May 2, the positivity rate in the city had reached 3.89 per cent and decreased to 0.89 per cent on May 8 and further dropped to 0.71 per cent on May 14. Like Delhi, Bengaluru's TPR is also dipping, and health experts say it is a good thing.

On Monday, Karnataka reported 98 fresh cases and 89 from Bengaluru and the state's positivity rate was lower at 0.83 per cent. BBMP Special Commissioner (Health) Dr KV Thrilok Chandra said, "We are conducting 10,000 to 13,000 tests in the city which accounts for 70 per cent of total testing done in Karnataka. Currently, Bengaluru has nine micro-clusters (less than five cases each). Most of the Covid patients are asymptomatic or mildly asymptomatic. The hospitalisation is very low. We have covered first dose 102 per cent and the second dose is almost 100 per cent."

Health experts say that the positivity rate is the true measure of the Covid spread. According to an expert, the daily reports depend on the number of tests. "Hence, irrespective of the number of tests, one should consider the TPR as the sole criterion for the Covid surge," he said.

KAUSHIK JN

A health worker collects a swab sample for covid testing at Majestic Bus Stand

So, why is the TPR decreasing even though the daily numbers are increasing?

Another health expert said, "There could be multiple reasons. Firstly, if targeted testing is done which means if a person has tested positive for Covid and if his primary and secondary contacts are tested, then there is a high chance of most of them testing positive and the positivity rate may also go up. However, when the testing of masses mostly random testing goes up, the positivity rate may go down if the spread of Covid is not much in the community."

According to him, TPR has been decreasing which is positive news. However, as there is a surge in cases in South Africa with new variants, one has to see how the virus or new variant may behave in the coming weeks if not months."

Meanwhile, hospitalisation numbers are still low in Bengaluru. Currently, eight patients are being treated in various hospitals. Out of the eight, five are in general wards, two in HDU and one in ICU.

Clarification on vax certificate

Meanwhile, many people who have taken both doses of vaccination complained that they have not been able to access both certificates. The Union Health Department clarified, "It must be noted that after receiving the first dose of vaccination, a beneficiary needs to schedule for or avail the second dose of the same vaccine with the same mobile number used at the time of first dose of vaccination.

"In case a beneficiary uses a separate mobile number for the second dose and schedules a vaccination, it will automatically be recognised as a first dose for the beneficiary. Furthermore, the same identity proof is not allowed to be used for two different mobile numbers."

A release from PIB said that there was a provision for scenarios where an individual may have provided two different identity proofs under the same mobile number registered. If the name, age and gender match per the photo ID proofs submitted by the beneficiary, CoWIN prompts for merging the two first dose certificates to give a single fully vaccinated certificate for both the doses.

> **"B'luru has nine micro-clusters; 10,000 - 13,000 tests are being conducted in the city daily**
> – Dr KV Thrilok Chandra, BBMP Special Commissioner (Health)

KAUSHIK JN

9,500 AND STILL COUNTING

BBMP's survey so far reveals staggering number of pits on city's roads. And with each spell of rain and every passing moment, the count rises

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Guess how many potholes there are in the city? So far, BBMP has been able to identify 9,500 potholes and counting is still on. With the city witnessing heavy rainfall, many roads may have worn out and the count of potholes may be more. The shocking numbers were revealed after the civic body began a survey of potholes using the Fix My Street App.

BBMP Special Commissioner Thrilok Chandra said, "So far, 9,500 potholes have been surveyed via the app across all the eight zones. We are fixing the potholes. However, once the rain subsides, the work on fixing the potholes will pick up pace. We are focussed on ensuring all the main and sub-arterial roads are made pothole free on a priority basis.

This time, BBMP is using a mobile application to fix potholes. Now, it is mandatory for the BBMP engineers to register each of the potholes on the Fix My Street app. The task given to assistant engineers to first identify the potholes. Then these potholes are geo tagged and uploaded in the Fix My Street app. The officials also need to measure the pothole size and fix it scientifically.

Even zonal commissioners have to review 1% of such uploads randomly to ensure the work is done properly. The chief engineers have been asked to do random checking of 5% of works and the executive engineer is entrusted with 30% of the works. Python machines are being used to fix potholes on a 182-kilometre stretch of roads in the city.

Heavy rain pounds city

Many roads turned into mini ponds on Monday evening as heavy rainfall pounded the city. The Old Madras road near KR Puram had turned into a stream. The traffic flow was affected thereby causing traffic jams. The flooding of roads was more or less similar across the city on Monday. There seems to be no respite from the rain as the Met department has predicted that city will witness cloudy skies for the next two days with rain or thundershowers likely. The maximum and minimum temperatures in the city are likely to be in the range of 30 and 22 Degree Celsius respectively.

Rajakaluve repair

Chandra said that with heavy rain, BBMP was continuously taking up desilting of Rajakaluves. Rajakaluves play a crucial role in flow of water. At many places, as these storm water drains are blocked, rain water gushes into the nearby areas and houses are flooded.

"We are desilting 440 kilometres of storm water drains using robotic excavators, 15 tippers and 193 labourers are part of the work. In April alone, 380 kilometres of storm water drains have been desilted and this is a continuous process."

Thrashed for no reason by 'merciless' group, says duo

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A bizarre incident in the city has made citizens question their safety. Two men were brutally assaulted by assailants apparently without any instigation as they were standing near their house in Anand Nagar. The victims suggested that the assaulters could have been in an inebriated state.

The men were parking their vehicle outside their house, when a man threw a stone at them. The two men are said to have asked the man why he did that.

This turned into a verbal duel after which the man is said to have turned up at the complainant's house with five-seven men to thrash the duo.

According to the victims, the incident happened on May 15 around 8 pm. One of the victims, who wished to remain anonymous told BM, "They threw a big stone at my cousin on his chest. He had to get stitches on his nose and head after the attack. They seemed to be under some sort of intoxication as they kept hitting us without any mercy. They were unarmed, but relentless."

The men were taken to Baptist Hospital where the doctor filed a Medico-Legal case and informed the police.

They too then filed a complaint at the Hebbal Police Station. What makes it strange is this is not the first such case in the area.

Reportedly, a few days ago another boy was assaulted by another gang in the area and left bleeding on the road.

A police official from Hebbal Police Station said, "There was a quarrel between the two youths and a group. They have given a complaint regarding this to warn the assaulters. The complainants have requested us not to file FIR. However, the exact reason for the assault is unknown. The complainant has stated that they were parking the vehicle and the group threw a stone at them, and on questioning their action, it proceeded into the assault."

FAKE NEWS BUSTER MIRROR

VACCINES DO NOT CAUSE MISCARRIAGE

THE CLAIM

A blog shared widely on social media claims covid-19 vaccines have led thousands of women to miscarry. The blog claims: "The number of women who have lost their unborn or new-born child in the USA following covid-19 vaccination has now surpassed 4,000 just sixteen months after the first covid jab was given emergency use authorisation."

SO, WHAT'S THE TRUTH?

According to a Reuters fact check, the the United States Centers for Disease Control and Prevention (CDC) has confirmed that it had not seen an increase in reported cases of miscarriage following the rollout of covid-19 vaccines. Experts also told Reuters that there was no indication that vaccination is raising the rate of spontaneous abortions or stillbirths. "We have not found unexpected or unusual increased reporting of any adverse event during pregnancy," a CDC spokesperson told Reuters.

BUST FAKE NEWS WITH MIRROR

9591233247

Let's separate the news from the noise, Bengaluru. Tell us about that incredible-sounding story/news/alert that you've received on WhatsApp or social media and Bangalore Mirror researchers and editors will see if it checks out. If it doesn't, we'll call it out

TOPCOMMENTS

A pothole-free Bengaluru is every citizen's ultimate dream

Our story 'Place on record: Every pothole accounted for' has got a few angry responses. **Raghavan K**, writes on Twitter, that a pothole-free Bengaluru city is turning out to be the the ultimate ambition for all Bengalureans. Even if a good authentic survey is conducted by the volunteers, it is crucial that the civic body too look in to the survey and act. Hope this issue will be solved with the help of BBMP. As action is very much needed. **@MukeshWadhwa1** writes on Twitter, that Bengaluru does have among the worst roads in the country — filled with potholes. A reader writes even if the potholes are surveyed and fixed, what is to ensure that the fix will stay on and not crumble at the first sight of rain?

WEBHITS

3 most-read articles on the Mirror site

- Monsoon Wading
- Not monsoon, but KRS is brimming
- Bird Men of Bengaluru

Half-finished culvert earns citizens' wrath

Palike engineer alleges work stopped due to land dispute; residents deny all such claims

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Many motorists have fallen into the ditch at night due to inadequate streetlights, complain residents

For the residents of K Dommasandra near Belathur, commuting on the main road is akin to performing a balancing act. With most of the roads dug up for laying Cauvery water pipes or underground drainage pipes, it has been a struggle for commuters to reach Outer Ring Road or Whitefield Main Road during the monsoon. The roads that are dug up are yet to be restored.

If that was not enough, motorists and residents are compelled to be extra cautious while commuting on Belathur - Medahalli Main Road at K Dommasandra, thanks to a half-made culvert.

This happened when Bruhat Bengaluru Mahanagara Palike (BBMP) Storm Water Drain Department decided to construct a culvert near a residential apartment at K Dommasandra in January 2022 and dug up a portion of the road to construct the culvert on the stormwater drain. The objective was to ensure smooth flow of rainwater. However, the work came to a grinding halt within a few days.

The residents allege that the BBMP engineer stopped the construction work without informing anyone. Now, the dug-up road has become a dangerous zone for motorists, senior citizens and children and a few motorists have even fallen into the ditch during the night as there are inadequate streetlights.

"The road was dug up more than four months ago and the construction of the culvert is yet to be completed. It has become a dangerous zone for unaware motorists, senior citizens and children. Many motorists commute on this road every day. I demand the BBMP engineer to recommence the work as early as possible to prevent them from getting injured," said Paramesh Belathur, a resident.

> **"It has become a dangerous zone for unaware motorists, senior citizens and children. Many motorists commute on this road every day**
>
> –Paramesh Belathur, a resident

Jagankumar J, a social activist from Ramamurthy Nagar, emphasised the need of police filing a suo moto case and punishing those responsible for not repairing the road. "I am aware of police officials commuting on this road. They should have taken action against the negligent officials responsible," he said.

A BBMP assistant engineer told this newspaper, "The Stormwater Drain Department wanted to construct a culvert but stopped the work due to a land dispute."

However, the residents are not ready to buy the assistant engineer's argument. They said that there was no dispute from any land owner. "It is believed that the BBMP Stormwater Drain Department engineer has a vested interest. He is expecting some money from nearby apartment residents and since residents refused to give money to the engineer, he stopped the work. It is shameful that BBMP authorities have not resumed the work even after four months," said a resident, on the condition of anonymity.

The BBMP assistant engineer (stormwater drain) was not available for further comments.

Thumbs down for proposed Varthur flyover

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Residents say the flyover would not decongest traffic on Varthur Main Road (file)

Residents living in and around Varthur have started a signature campaign to protest against a two-kilometre flyover that has been proposed for construction near the Varthur Lake. They say that the flyover would not decongest the traffic and would only be bad for business in the neighbourhood.

The campaign which was started five days ago has since gained momentum and over 2,000 people have signed protesting against the flyover. A group of residents have also come forward and are carrying out the protest by going door to door and taking signatures of others who have expressed their dissent against the project.

The residents pointed out that the flyover would be detrimental for business, and stated that places like Varthur, Sorahunse, Balagere, Valepura, Madhuranagara, Halasahalli, Katriguppe would be economically suppressed forever. It would also deprive mass transit mobility solutions like the metro.

"The real estate value will go down and it will also reduce the FAR ratio. Only initially when the project was proposed, public consultation was taken by asking just a few people," said Jagadeesh Reddy, member of Varthur Rising.

According to him, a large number of people do not even know the flyover is coming up and only when they went and spoke to them, they understood the issue. The flyover will also not address traffic congestion, it will still choke traffic in all the junctions, he explained.

Citizens said that instead of constructing a flyover, the government should consider widening the road. "Currently the road is over 40-60 feet in width. Widening it more would serve the purpose. Mass transit mobility is needed. It is no point spending a huge amount when it won't serve the purpose. We have seen earlier how flyovers have been demolished to make way for the metro. the elected representatives should plan it wisely," added Reddy.

The constructed flyover – according to authorities -- is said to ease traffic congestion and many people use the route to go towards Whitefield or Sarjapur Road. The junction has many residential layouts like Whitefield, Marathahalli, Kadubeesanahalli which also adds up to the traffic congestion.

whatsapp MIRROR
9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Where do we walk?

Jayanagar

Cars and two-wheelers parked; construction materials dumped on the footpath, blocking access to pedestrians. This is on 33rd Cross, between 9th & 10th Main Roads, 4th Block, Jayanagar.

A watery problem

Yelahanka

Water leaking from a sewer in front of Scotch Yard, Yelahanka on Doddaballapur Road. This has become a regular feature. Will the authorities solve the problem?

Trim the branches

Nandini Layout

Nandini Layout is full of greenery with huge trees which are 30 years old. The trees have dead and dry branches. Many parents ferry their children to schools by two-wheelers. These branches should be removed to avoid accidents.

Property-buyers beware: Fake e-khatas in town

If you are buying property around Bengaluru, it is best to double check e-khatas as the police have unearthed a fake e-khata scam. Following complaints, the sleuths of Anti Corruption Bureau raided many houses last week to track down the culprits. Officials said the raids were conducted following complaints that hundreds of people were duped by issuing fake e-khatas around the City.

Police suspect there are more than 5,000 fake e-khatas issued in and around Bengaluru (some of the areas on the outskirts come under Ramanagar district). Police suspect that 1,600 fake e-khatas were issued at Kumbalgodu, Tavarekere, and surrounding areas only. The incident came to light recently after government official committed suicide after his name cropped in the e-khata scam.

How the scam works

To get an e-khata, a person has to apply at Gram Panchayat with all the requisite documents. The Panchayat Development Officer (PDO) would upload the documents via his log in to get an approval from the Taluk Panchayat executive officer through Panchatantra software. Post-approval, the PDO gives a print-out of the e-khata. E-khata has been considered as an authentic document since 2013. However, a few officials started issuing fake e-khatas that look very similar to the original e-khata.

Following the scam, officials asked everyone to follow due procedure in verification to avoid being scammed. Government officials said every document issued has a unique certificate number. "Use this certificate number to cross check the genuineness of the document. Every form-9 and form-11 is issued on secured stationery and a hologram is pasted on the certificate. One can see the water mark in the paper on which form-9/form-11 is issued and every paper is numbered and it is printed in the top right corner. The system of issuing certificates on secured stationery with hologram is in practice only in three districts namely Bengaluru, Urban, Rural and Ramanagar. A facility has been provided to check the genuineness of documents issued. This can be done by clicking the 'verify document' section. One can verify the genuineness of the certificate by reading the 2d-barcode printed on the certificate which contains the digital signature of PDO." — Prakash VL

After some officials created fake e-khatas that look very similar to the original, people asked to follow due procedure carefully

A whole new world

This is how Channasandra government school looks after volunteers worked on it for two days. The walls are painted a bright yellow; the loos are shiny and clean. Volunteers painted various educative motifs on the walls to make school-going a fun learning experience

Students of Channasandra govt school have grand Day 1 as their school building was given a facelift

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When the students of Channasandra government school started their new academic year on Monday, they were in for a surprise as the school which they were studying no longer looked the same. WIth the building totally spruced up, painted with different themes and with new plants in the garden, they were stepping into a whole new school.

The lack of facilities in government schools is quite a sore point, but a few people out there take up the initiative to do their bit to fix these inadequacies. And it is thanks to the efforts of such determined volunteers, who identified the government school in Immadihalli housed in what looked like an ancient building that was in a poor condition, that the uplift was possible.

The volunteers worked for two days to help change the look of the building. Like many others, this government school too was not maintained, so volunteers from Being Social (Ek Nayi Shuruwat) came forward to give the building a new look. The building had even developed cracks and the paint had started to come off. The toilets in the building were in a bad state and needed to be cleaned.

Painting was carried out on all the walls of the building. The volunteers used different themes like love for nature, focus on education, conservation of water and forests and even playtime -- so that children can get a glimpse of learning on the walls itself.

"Idea is to brighten the walls of many such schools and help the children feel happy about the place they study
–Amit Singh, Being Social

Amit Singh, Ritesh Jain and Manjunath Singh from Being Social led this initiative. They plan to cover many more such schools across Bengaluru. Initially they came up with this idea in 2018 and started with a few schools, but once the pandemic hit they couldn't continue. Now they are back to give many government schools a new life.

The vision behind the initiative was to introduce art to the students while also making the school look colourful and education enjoyable.

"We got the permission from the principal to carry out the activity. We started off with cleaning the premises of the school. The toilets were not in a good state. The entire place was cleaned up. The toilets are shiny clean now and even its walls were painted. The walls of the school have been painted yellow so the appearance of the school is bright. The idea is to brighten the walls of many such schools and help the children feel happy about the place they study and give them a good environment," said Singh.

Schools reopen on a note of cheer

Schools reopened to a cheerful atmosphere in Karnataka after 35 days of summer vacation, as the academic year 2022-23 commenced on Monday. Physical classes had been disrupted for the past two years due to covid.

The education department and the government school authorities in Karnataka made elaborate arrangements to welcome children as the usual hustle-bustle along with chorus anthems and songs returned to the schools.

Students came in uniform to the decked-up classrooms.

Chief Minister Basavaraj Bommai greeted children as well as the teachers on the occasion of reopening of schools as per the academic calendar across Karnataka.

"After a long time, schools have started. The education department made all the arrangements. They are welcoming children in a traditional manner to create a favourable atmosphere for learning," Bommai told reporters here.

He added that learning in school has always been effective and result-oriented. "We are ready to provide textbooks, clothes and bicycles. Let the classes resume because there was uncertainty over the resuming of schools. Our desire is to see children going to schools as they used to do before COVID-19," Bommai said.

At Devarachikkanahalli in Bannerghatta Road in Bengaluru, the principal, teachers and the students tied 'torana' (festoons of mango leaves) at the entrance of the school as well as classes. In another city school, teachers welcomed students by putting vermilion on the forehead of the students and performed 'arati' to every student.

In many schools, students were offered sweets as well as a mid-day meal. The Akshaya Patra Foundation on Monday said it resumed the Mid-Day Meal (MDM) Scheme in Bengaluru. The Foundation, in a statement, said it will serve over 1,50,000 children in 1,200 schools in and around the city through its three kitchens in Rajajinagar, Guniagrahara, and Jigani. PTI

Man held for extorting owners of clubs, by dropping cop names

Bangalore Mirror Bureau
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The Magadi Road police on Monday arrested a self-proclaimed social activist for threatening and extorting money from owners of recreational clubs claiming affiliation with the city police commissioner and senior officials of the CCB.

Based on a complaint filed by Ramesh Hanumanthappa, owner of a club in Adugodi, the police arrested Ashok Kumar Adiga, charging him under Arms Act, extortion, cheating and criminal intimidation.

In his complaint, Ramesh said the accused had been claiming affiliations with senior police officials and held meeting of owners of the recreational club owners last month. He is said to have demaned they make him the owner of the clubs through an agreement if they want to run gambling. Adiga claimed neither the CCB nor the jurisdictional police would dare to raid the clubs and demanded Rs 50,000 towards protection money each month.

When a few club owners including Ramesh walked out of the meet, the accused threatened them with a gun and snatched Rs 50,000 from them. He also threatened that he would order the police to raid if they did not pay him.

Unable to bear the harassment, one of the club owners recorded the phone conversation between him and Adiga and put it on social media which went viral . In the recorded conversation, Adiga stated that he would remove the pants of senior officials of the CCB if they carry out raids. **BMB**

Blackmail angle to suicide?

The suicide case of 46-year-old BJP leader BP Anantharaju has taken a new twist as his wife has complained to the police that two women and man were blackmailing him with private photos. Anantharaju ended his life at his house in Byadarahalli last Thursday.

Anantharaju, a BJP leader from Herohalli BBMP ward was said to have killed himself due to health issues, but his wife Suma approached the police with a suicide note and filed a complaint on Sunday stating that the suicide was due to blackmail and extortion.

According to the complaint, the deceased met the woman on social media and they had an affair which she recorded a video and colluded with her husband and friend to blackmail him. They are said to have extorted from him. In her complaint, Suma accused the three, Rekha, Vinod, and Spandhana for blackmailing him with photos and threatening to share the photos with the leaders and media if he did not pay up. Anantharaju in his death note had apologised to his wife and asked her to take care of the kids. — BMB

State govt to give ₹5L reward to Lakshya Sen for win

Chief Minister Basavaraj Bommai on Monday announced a cash reward worth Rs 5 lakh from the state government for shuttler Lakshya Sen, member of the Indian men's badminton team that won the Thomas Cup.

The Chief Minister made the announcement after inaugurating the 'Mini-Olympic Sports Meet-2022' organised by the Youth Empowerment and Sports department, an official press release said, quoting him.

He also said his government is encouraging all sports.

"We have selected a group of 75 sportpersons from various disciplines for special training as part of preparations for the Paris Olympics (in 2024)," Bommai said.

The India's men's badminton team lifted the Thomas Cup title for the first time ever with a commanding 3-0 win over powerhouse Indonesia on Sunday. **PTI**

Trash burnt in public

Garbage pit on BWSSB Office premises

CONTINUED FROM PAGE 1

Bhavan and Kanadaya Bhavan, and found signs of recent dry waste burning -- such as black soot on walls of the dry waste pits. A few employees said that burning of dry waste is a routine in the morning or evening, before the offices open or after offices close for the day.

In September 2017, the state government had issued a notification as per section 19(5) of the Air (Prevention and Control of Pollution) Act, 1981, as per the proposal submitted by the Karnataka State Pollution Control Board (KSPCB), to ban burning of waste in public places. Later, the BBMP had also proposed to impose a penalty of Rs 5 lakh on those burning waste at public places.

Recently, the Yelahanka zone joint commissioner issued a circular advising residents not to throw garbage on vacant sites or burn garbage in 11 wards such as Kempegowda, Chowdeshwari, Attur, Yelahanka New Town, Jakkur, Thanisandra, Byatarayanapura, Kodigehalli, Vidyaranyapura, Dodda Bommasandra and Kuvempu Nagar. He said BBMP would penalise those who violate Solid Waste Rules 2016. The circular also stated that the civic body would impose a penalty of Rs 5,000 to Rs 10,000 on site owners if solid waste or debris is dumped in vacant sites.

"How is the site owner responsible if others dump solid waste or debris in his site? Site owners are not residing in vacant sites to keep an eye on those dumping garbage. This circular is ridiculous because instead of acting tough against those dumping garbage or solid waste, the BBMP joint commissioner is threatening hapless site owners who could not construct their dream homes due to the reasons best known to them," said Sudharshan, who owns a vacant site.

'Make booster jabs free'

CONTINUED FROM PAGE 1

"As the effect of the virus has become milder, fewer and fewer people are now worried about catching and spreading it. Moreover, the time between the second dose of vaccination and the booster dose has been set to nine months; this is a very long period. A good number of the population might not even be eligible to get the booster shot now," said a senior doctor at a government hospital.

According to officials, the only way to draw more people to receive the precautionary dose is making the jabs free of cost.

"The vaccines are now available only at private hospitals. With the fear already waning, why would anyone spend money to get the vaccination done? Why should the booster dose be an economic burden when the first and second doses were available free of cost? The government should make it available for free. While the symptoms are mild currently, no one can predict a future variant. Anticipating a dangerous and unfavourable mutation of the coronavirus, it is good to take the precautionary dose," said Dr AS Balasundar, chief health officer, health department, BBMP.

However, experts are of the view that it is highly advisable to take the shots after completing nine months of vaccination as the antibodies in the system would be greatly reduced. A booster dose should not be ignored as it will help sustain immunity.

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Saved in the nick of time

Cops pull 60-yr-old to safety before she could slip on to track after fall from moving train

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Police constables Chethana TR and Halesh saved Suman from the jaws of death in Davangere

God could not be everywhere, and so he created angels among humans —an angel in the garb of a railway police personnel at the Davangere Railway Station managed to save a 60-year-old woman who fell out of a moving train. Police constables Chethana TR and his colleague Halesh pulled the woman to safety just in time before she fell on to the track.

The incident happened around 2 pm when the Vishwamanava Express - Mysuru to Hubballi had stopped at the Davangere Railway Station briefly. Police constables attached to the Government Railway Police station, Davangere, Chethana and Halesh were on duty at the station managing the crowd on the platforms and keeping an eye on passenger safety.

The train that was heading towards Belagavi had just started to move. A 60-year-old lone woman passenger who was seated inside, who seemed to be asleep, suddenly woke up as someone reminded her that she had to get down at the station and the train was leaving that station. "She all of a sudden jumped out of the train and fell on the platform near the gap between the platform and the train. Fortunately, I was at quite near and so I caught her from slipping into the gap. It all happened in a fraction of a second, and I was also about to fall with her when my colleague Halesh held on to me," Chethana told Bangalore Mirror.

The incident was captured on the Railway Station's CCTV camera. The woman, later identified as Suman, had come from Ranchi in Jharkhand. She was alone and had no luggage or money. "She is around 60 years old and did not reveal details about her family in Ranchi. Our GRP police inspector Mustaq Ahmed is in contact with counterparts in Ranchi to get a clue about her family," Chethana said.

> **"It all happened in a fraction of a second, and I was also about to fall with her when my colleague Halesh held on to me**
> –Chethana TR, police constable

South Western Railways (SWR) - Railway Superintendent of Police (SP) Sirigowri told Bangalore Mirror that the height difference the platform for some of the new trains is quite dangerous for passengers especially the elderly and children.

"We have observed that platforms and trains are of different heights. Sometimes the new trains and the platforms are not aligned and due to this difference, the passengers are at risk. In this case, she was lucky as our men were there for her help at the right time. The railway administration should do something about it to prevent such incidents happening in the future. In this case, the momentum of the train was such that the passenger who fell could have been sucked into the gap between the platform and the train, but fortunately our men were at her close proximity to save her, and not everyone would be lucky," Sirigowri pointed out.

Soon after the incident, Suman was taken for counselling at the railway station and later escorted by a woman constable she was taken to an NGO named Mythri Nirashithara Yuvajana Kendra in Davangere where she will be offered shelter until the cops find her family.

State police top brass DG-IGP Praveen Sood lauded the swift action by the constables and congratulated them. All's well that ends well!

Change at top: Reddy replaces Pant

CH Pratap Reddy is the new Bengaluru City police commissioner. A 1991-IPS batch officer, Reddy has replaced Kamal Pant. Pant had a long stint in Bengaluru as he took over as the City's top police post in August 2020. The buzz of his transfer has been doing the rounds for a long time. However, Reddy seems to be a surprise choice. Pant has now been posted as Director General of Police for Recruitment. Another senior IPS officer Alok Kumar who had earlier briefly served as City police commissioner before Bhaskar Rao has been posted as Additional Director General of Police, Law and Order. R Hithendra who was also considered as the contender for the City police commissioner's post is now Additional Director General of Police, KSRP Bengaluru. **—BMB**

Shyam to helm RV institutions

Well-known entrepreneur MP Shyam (61) has been named the new president of Rashtreeya Sikshana Samithi Trust, one of the oldest educational trusts that manages RV Group of educational institutions as well as the RV University in Bengaluru.

A meeting of the board of trustees has unanimously selected him to helm the institutions. Shyam succeeds his father, veteran educationist MK Panduranga Setty as head of the trust.

The trust, founded in 1940 by freedom fighter MC Sivananda Sarma, began with a primary school with six students in Bengaluru.

Today, it manages 20 schools and colleges, including engineering and dental colleges, with a combined student strength of about 20,000 students. **—ET Online**

Baby driver: This 3-year-old is a logo champ

Young aficionado can identify cars, their models and specifications just by a look

Three-year-old Nihaan Swaransh, a Bengalurean, has a unique talent. He can identify cars. Show him the logo and he can name the car. He can also tell the model or other specifications of different cars.

His parents, Joel John and Soujanya Joel, noticed this talent when Nihaan was just one-and-a-half years old. At that age, when most of the kids usually do not start talking, Nihaan said that he wanted a set of Hot Wheels.

Joel said, "He started speaking early as well. After I bought him the Hot Wheels set, I told him the names of those cars and he remembered all of them. He knew cars in the Hot Wheels set before he got to know about actual cars on the road."

Nihaan's interest with cars was evident from the beginning. His favourite car is Audi Q7. His interest in cars is so much that he currently has a collection of more than 100 cars.

Nihaan has terrific memory. Every time he goes out with his parents, he would ask them about the cars he would see on the road and remember each of their names. Soon he was able to utter the car names that he would recognise without any help.

Joel said, "One day we were in our car and there was a car next to us. Only the window of the car was visible. He said the name of the car and when the car passed by us, we saw it was correct. From then we realised he could identify a car from its windows, headlights, etc." Joel also said Nihaan can identify a car from 100 metres away. His parents are also trying to get his name in the Guinness book of world records as the youngest person in Bengaluru to identify more than 70 car logos.

> **"From that day, we realised he could identify a car from its windows, headlights and so on**
> –Joel John, Nihaan's father

Apart from his fascination with cars, Nihaan also likes playing musical instruments like cajon and djembe. **—BMB**

Govt puts Pawan Hans sale on hold
The government has put on hold the sale of Pawan Hans as it is legally examining an NCLT order against Almas Global, which is part of the winning consortium

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How wheat export ban will affect world

Country's U-turn comes as a blow to markets already hit by war

#SINGAPORE

India's ban on wheat exports has delivered a fresh blow to world markets already reeling from tight supplies due to output issues in traditional export powerhouses Canada, Europe and Australia and snarled supply lines in the war-torn Black Sea area. Benchmark wheat futures in Chicago jumped by their 6% limit on Monday as markets reacted to the ban announced over the weekend, igniting alarm among trading firms and importers who had been banking on millions of tonnes of Indian wheat being available for shipment over the coming months.

A brief explainer on what's at stake for the world grain markets.

File photo of a farmer standing in his wheat field in Vaidi

WHY DID INDIA BAN EXPORTS?

India was initially eyeing as much as 12 million tonnes of wheat exports in 2022/23, significantly higher than last year's record exports of 7.2 million tonnes. After harvesting five consecutive record crops, New Delhi was hoping a sixth crop would be even higher at 111.32 million tonnes.

But a heat-wave during a crucial crop development phase dented yields, forcing the government to cut its output estimate to 105 million tonnes. Lower output coupled with strong export demand pushed local prices higher, often above the government's fixed procurement price. That prompted farmers to sell wheat privately instead of to the state, whose purchases to run welfare schemes slumped due to tight supplies.

HOW IMPORTANT IS INDIA?

India is the world's second largest wheat producer behind China, but rarely exports much grain due to high government-subsidized domestic prices and massive domestic food needs. However, improved seed selection and farm management over the past decade had put the country on course for a new record crop this year, opening the door to an export boom just as global crop markets really needed extra supplies.

Indian wheat exporters had eyed sales of up to 12 million tonnes in the 2022/23 season, which would have placed India as the eight largest exporter, not far behind Canada with a projected 15.5 million tonnes.

Top destinations for Indian exports included Bangladesh, Indonesia, Nepal and Turkey, and top global buyer Egypt recently agreed to make a first ever purchase of Indian wheat as Cairo tried to replace lost shipments from the Black Sea.

WHO ARE OTHER EXPORTERS?

Russia, Europe, the United States and Canada are traditionally the top global wheat exporters, and accounted for roughly 60% of world wheat exports from 2015 through 2020, according to the U.S. Department of Agriculture.

However, each has faced significant wheat crop setbacks in recent seasons, with their collective export share dropping to only 50.7% in the 2021-22 season, mainly due to drought in North America and Europe. This year's export tonnage had been expected to recover until Russia's invasion of Ukraine - a fellow major wheat producer and supplier - severed shipments from that region and sparked a scramble by major buyers to find replacement supplies.

Australia is slated to be the third largest wheat exporter this year, but suffered some quality deterioration in certain areas just before harvest.

WHO ARE THE TOP IMPORTERS?

Over the last three seasons, Egypt, Indonesia, China, Turkey and Algeria have been the top five wheat importers. Other major importers include Bangladesh, Morocco, Nigeria and Brazil. Since Russia's invasion of Ukraine threatened to block wheat supplies from the Black Sea, big buyers in Africa and the Middle East have struggled to find replacements, since most alternative exporters do not begin this year's harvest until June.

The exception this year had been India, which wrapped up its main wheat harvest this month and so had a rare abundance of fresh wheat inventories.

WHAT ABOUT INDIA'S WHEAT?

The sudden ban on exports means a majority of the new crop will now stay within India. Trading firms that have already secured letters of credit to export grain will be allowed to proceed with those sales.

Remaining segments of the crop that had been expected to be exported will now need to be sold or stored domestically. **-Reuters**

DGCA issues notice to IndiGo over Ranchi airport incident

#NEW DELHI

The Directorate General of Civil Aviation (DGCA) inquiry found that inappropriate handling of passengers by the IndiGo staff thereby resulting in certain non-conformances with the applicable regulations.

On May 7, staff of Indigo airlines had barred a disabled child accompanied by parents from boarding a flight at the Ranchi airport as he was in "a state of panic", following which the aviation regulator DGCA had ordered probe and asked the airline to submit a report.

The fact finding committee formed by DGCA to probe the incident has submitted their report on Monday. The statement released by DGCA reads that a fact finding enquiry was ordered by DGCA into the event of denying boarding to a disabled child along with the family at Ranchi Airport by Indigo Airline on May 7, 2022.

The committee has submitted its report. The proceedings of the committee were partly held in the open and partly in camera as per the request of the affected family, it reads. "The findings of the committee prima facie indicate inappropriate handling of passengers by the Indigo staff thereby resulting in certain non-conformances with the applicable regulations," it said.

IndiGo Airlines asked to explain why enforcement action must not be taken against them

In view of this, it has been decided to issue a show cause notice to the airline through its representative to explain as to why suitable enforcement action should not be taken against them for the non-conformances, it reads. It mentioned that to meet the ends of justice, the Airline has been provided an opportunity for personal hearing as well as for making written submissions in next ten days. **-ANI**

ATF price hiked by 5.3%, 10th increase this year

#NEW DELHI

Jet fuel prices on Monday were hiked by a steep 5.3 per cent - the tenth straight increase this year -- to an all-time high, in line with a surge in global energy prices.

The price of aviation turbine fuel (ATF) -- the fuel that helps aeroplanes fly -- was hiked by Rs 6,188.25 per kilolitre, or 5.29 per cent, to Rs 1,23,039.71 per kl (Rs 123 per litre) in the national capital, according to a price notification of state-owned fuel retailers.

This is the 10th straight increase in jet fuel prices this year.

Meanwhile, petrol and diesel prices remained unchanged for the 41st straight day after rising by a record Rs 10 per litre each.

Jet fuel prices are revised on the 1st and 16th of every month, while petrol and diesel rates are revised daily, based on equivalent rates in the international market.

Petrol and diesel prices were hiked by Rs 10 a litre between March 22 and April 6 and have remained on freeze thereafter. State-owned oil firms have offered no reason for keeping petrol and diesel prices on freeze while raising ATF rates.

Petrol costs Rs 105.41 a litre in the national capital and diesel is priced at Rs 96.67 per litre.

The increase in ATF price comes on the back of the steepest ever hike of 18.3 per cent (Rs 17,135.63 per kl) effected on March 16 and a 2 per cent (Rs 2,258.54 per kl) increase on April 1. Prices were increased by a marginal 0.2 per cent on April 16, followed by a Rs 3,649.13 per kl (3.2 per cent) hike on May 1. **-PTI**

In a first, High Court hears case through Whatsapp

#CHENNAI

For the first time in the annals of the Madras High Court, a judge has conducted a case through 'WhatsApp', and on a Sunday.

Justice GR Swaminathan took up the case while being stationed in Nagercoil, where he had gone to attend a marriage function on Sunday, following a submission of PR Srinivasan, the hereditary trustee of Shri Abheeshta Varadaraja Swamy temple, that his village will face the 'divine wrath' if the proposed 'Rath' (Car) festival was not held on Monday.

"This fervent prayer of the writ petitioner made me hold an emergency sitting from Nagercoil and conduct the case through Whatsapp," the judge said in the opening sentence of his order.

It was a triangular session, with the judge hearing the case from Nagercoil, petitioner's counsel V Raghavachari at one place and Advocate-General R Shanmugasundaram, at another place, in the city. The issue pertained to a temple in Dharmapuri district.

Holding that the Inspector attached to the Hindu Religious and Charitable Ddepartment does not have the jurisdiction to issue an order directing the temple Thakkar (Fit person) and the hereditary trustee to stop the car festival, the judge quashed it.

File photo of the mangled chariot after several people were electrocuted during a procession, in Thanjavur

Earlier, the AG told the judge that the government does not oppose the holding of the event. Their sole concern is the safety of the members of the general public. On account of failure to adhere to safety standards, a tragedy struck in a similar procession in Thanjavur district recently, he pointed out and emphasised that such accidents should not recur.

After quashing the impugned order, the judge directed the temple authorities to strictly follow the rules and regulations stipulated by the government while holding temple festivals and the state-run discom TANGEDCO to cut power supply in the area for a few hours, from the beginning of the processions till it reaches back to its stand (Nilai).

Eleven persons were killed and 17 injured last month near Thanjavur due to electrocution when a temple chariot came in contact with a electricity line during a procession. **-PTI**

HEALTH TIP: Potato starch can be used for tan removal

Oats help you to manage your weight and give you the energy you need while curbing any urges to snack

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Mouth wide open

What problems with your mouth, teeth and gums may be telling you

Not many people look forward to a trip to their dentist - but as well as spotting tooth decay and gum disease, it could actually save your life. "What most people don't know is that your dentist can be your first line of defence in spotting symptoms of wider health problems in the rest of the body," says Neil Sikka, chief dental officer at Bupa Dental Care.

So what are the red flags you should always be on the lookout for?

Blueish lips could signal POOR CIRCULATION

Lips with a blueish tinge to them can signify more than just that you are feeling cold. "Any unusual appearance of blueish lips could indicate many things, for example, poor circulation or anaemia," says Neil.

"I would always encourage a patient with very pale lips, lining of the mouth or tongue to visit their doctor and get a blood test and a heart check."

Gum disease could signal DIABETES

"It's well documented that people with diabetes are at a higher risk of developing gum disease," says Neil. "Now, research is starting to show that the link works both ways.

"Gum disease and infection can lead to an increase in your blood sugar levels and influence your risk of developing diabetes.

"Dentists aren't just looking for issues they can physically see, they are trained to identify odour coming from the teeth and gums - for example the smell of pear drops is often indicative of uncontrolled diabetes."

Worn down teeth could be STRESS

Severe stress can cause us to grind or clench our teeth and over time this can cause serious damage. "It can lead to problems with your jaw joint and bite," says Susie Lloyd, dentist at Holt Dental Care in Norfolk.

"Damaged or worn-down teeth, sensitive teeth, broken teeth and broken fillings are all symptoms of teeth grinding or clenching, which can be caused by stress or anxiety. Your dentist might recommend a mouthguard to prevent sleep-related teeth grinding or urge you to see your GP for help managing stress."

Excess plaque could signal A LUNG CONDITION

Bupa's Neil says: "If your mouth contains a lot of bacterial plaque, medics believe the bacteria could potentially spread to the lungs, causing infection or aggravate existing conditions such as emphysema and chronic obstructive pulmonary disease. So if a patient has poor oral health and there is evidence suggesting it has potentially triggered lung issues such as a persistent cough or chronic mucus production, we advise them to see a doctor."

Worn enamel could signal BULIMIA

Dentists can often tell if a patient is bulimic by the way the enamel of their teeth has worn down. "A distinct pattern of tooth wear can be due to repeated episodes of vomiting, indicating someone with bulimia, which can contribute to increased cavities," says Neil.

"This is because vomit contains stomach acids, which are corrosive and strong enough to wear away the enamel that protects your teeth. In sensitive cases like these, where we feel like someone has an eating disorder, we would ask if we can refer them for help."

A mouth ulcer that doesn't heal could signal CANCER

Mouth ulcers can be caused by many things, including poorly fitting dentures, erupting wisdom teeth, infections, medication, dietary deficiencies or damage caused while brushing and they are very common.

But if you have a mouth ulcer that isn't healing, seek help. "Ulceration that hasn't healed after two weeks could be a sign of something more serious," says dentist Susie. "It could signify mouth cancer so it's important to speak to your dentist who can refer you to a specialist for further tests."

White patches on the tongue could signal THRUSH

"If you find that you have white patches or spots on the tongue it can indicate a fungal infection, such as oral thrush," says Neil Sikka. "It's usually harmless and can be easily treated with mouth gel from the pharmacy.

However if you see a hard, flat, white area that can't be scraped away it could be leukoplakia, which is linked to cancer.

"It's important to let your dentist know about any white patches you see on your tongue which haven't gone away after a fortnight."

Croaky voice could signal NERVE DAMAGE

Surprisingly it's not just your teeth and gums your dentist is checking to ensure you're in good health. "Even something like a patient with a croaky voice would concern me as it could be a sign of nerve damage or even oral cancer," says Neil Sikka.

"As part of any routine oral cancer screening, which I perform during every check-up, I always check a patient's lips, tongue, cheek, the floor of their mouth, hard and soft palate, and throat. If a patient had a persistent croaky voice that had lasted longer than two weeks it shouldn't be ignored."

Dry mouth could signal MENOPAUSE

"Many women may not be aware their oral health can be affected during menopause," says Faizan Zaheer, periodontist and implant dentist. "Falling oestrogen levels cause the body to reduce saliva production, leading to a dry mouth.

"When your mouth is dry, bacteria can grow and levels can lead to tooth decay and gum disease.

"Menopause can also lead to a weakness in the jawbone as well as, in rare cases, burning mouth syndrome where you feel pain or a burning sensation on the tongue, gums, lips, inside of the cheeks or at the back of the mouth and throat." — **Daily Mirror**

MIRRORLIGHTS

Prediabetes may raise higher heart attack risk in young adults

Young adults with higher than normal blood sugar levels that signal prediabetes were more likely to be hospitalised for heart attack compared to their peers with normal blood sugar levels, according to a research.

Having prediabetes means that one's blood sugar levels are higher than normal, with fasting blood sugar between 100 to 125 mg/dL, although not high enough to be diagnosed as Type 2 diabetes.

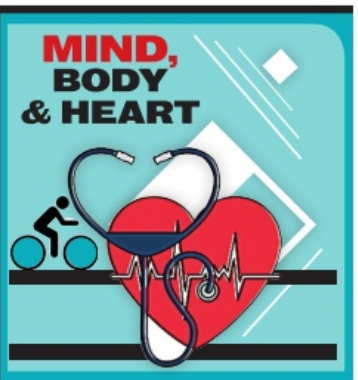
Prediabetes is common and increases the risk of developing Type 2 diabetes.

The study found that young adults with prediabetes had 1.7 times higher chances of being hospitalised for a heart attack compared to their peers without prediabetes.

"Prediabetes, if left untreated, can significantly impact health

and can progress to Type 2 diabetes, which is known to increase a person's risk for cardiovascular disease," said Akhil Jain, a resident physician at Mercy Catholic Medical Center in the US.

"With heart attacks happening increasingly in young adults, our study was focused on defining the risk factors pertinent to this young population, so that future scientific guidelines and health policies may be better able to address cardiovascular disease risks in relation to prediabetes," he added. The findings were presented at the American Heart Association's Quality of Care and Outcomes Research Scientific Sessions 2022. — **IANS**



All you need to know about...

Irregular periods

What is it?

The menstrual cycle is the number of days between the beginning of one period and the start of the next (not the end). It usually lasts 28 days, although cycles a bit shorter or longer than this are normal. If the length of yours keeps changing they're "irregular". When periods first start they're often irregular and gradually settle down over time.

Once a regular pattern is established, however, irregular periods should be investigated.

What causes them?

There are times in a woman's life when irregular periods are to be expected:

Puberty Your periods might be irregular for the first year or two

Early pregnancy Take a pregnancy test to rule this out; Medical conditions

Such as polycystic ovary syndrome (PCOS) and a thyroid problem

Some kinds of hormonal contraception such as the contraceptive pill or intrauterine system (IUS)

Extreme weight loss or weight gain, excessive exercise or stress During the perimenopause and the menopause irregular periods are never normal and must be invetigated.

Periods that get more or less frequent but stick to a pattern AREN'T irregular.

When to see your GP

You're under 45 and your periods suddenly become irregular

Your periods come more often than every 21 days or less often than every 35 days

Your periods last longer than seven days

The difference between your shortest and longest cycle is 20 days

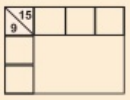
You have irregular periods and you're struggling to get pregnant

If you're trying for a baby: You may not be ovulating regularly. Have sex every two or three days throughout your cycle. Fertility treatments may be needed.

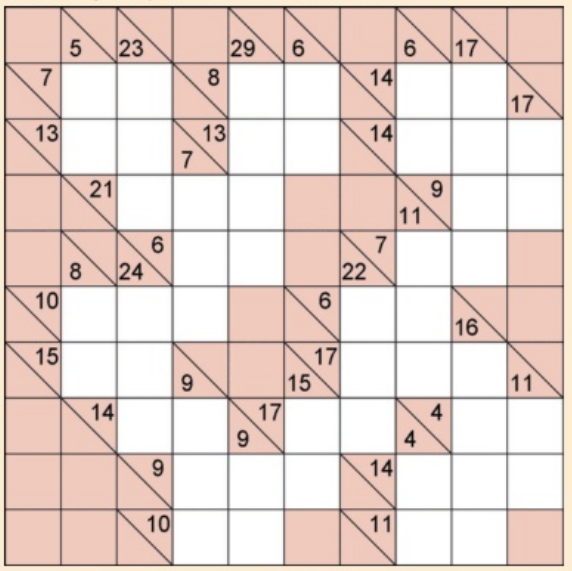
—Dr Miriam Stoppard, Daily Mirror

Kakuro

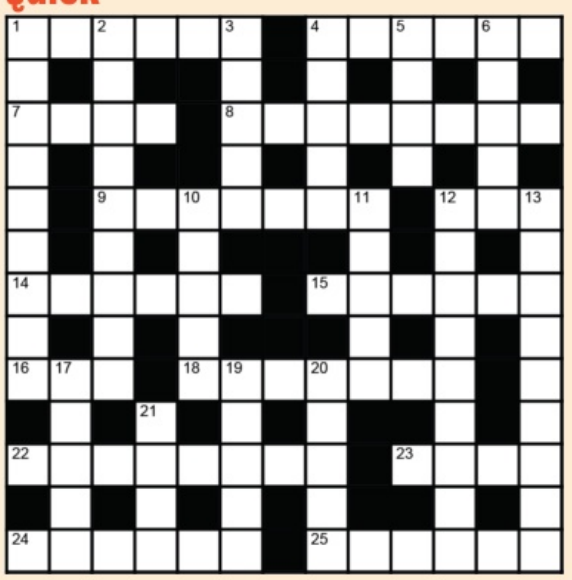
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Reach a point (6)
4 Utter foolishness (6)
7 Chaps (4)
8 Misleading (8)
9 Theatre on Varthur Road (7)
12 Arabian Night's hero ___ Baba (3)
14 Attack and overrun (6)
15 Weasel like animal (6)
16 Inquire about (3)
18 Pulling or tugging sharply (7)
22 Underground cemetery (8)
23 Concludes (4)
24 Delegate task to a person? (6)
25 Flattens (6)

DOWN

1 Buenos Aires is its capital (9)
2 Capital of Iceland (9)
3 Senior in age (5)
4 Bay (5)
5 ___ facto : by that very fact? (4)
6 Courteous (5)
10 Dizzy (5)
11 Ancient British tribe (5)
12 Haughtiness or insolence (9)
13 Holds the attention (9)
17 ____ off : get rid of? (5)
19 Battery terminal (5)
20 Capital city of Afghanistan (5)
21 Ketu's counterpart in Indian folklore? (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: O EQUALS G

FNLIL ZV JB VRXQLHF VB BWY FNGF VBSLFNZJO JLA HGJJBF XL VGZY GXBRF ZF.

Linemaro

You smell great. What perfume do you wear?

Mindchow

Ability is what will get you to the top if the boss has no daughter

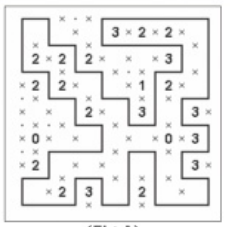
Joke of the day

My next house will have no kitchen---just vending machines and a large trash can

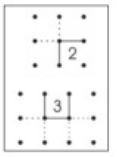
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)



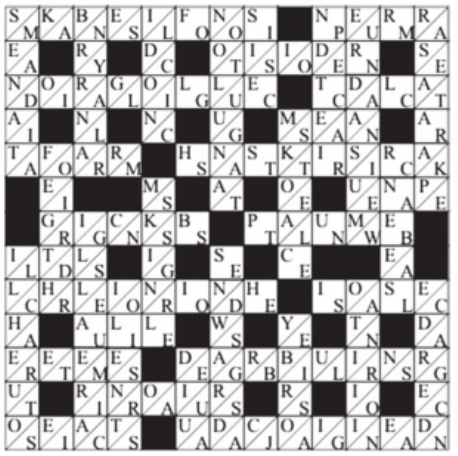
(Fig B) Not Allowed

How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

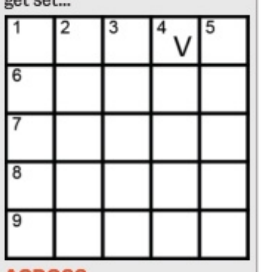
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

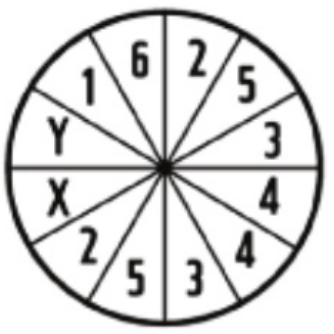
1 Hive C; 6 Moper; 7 I a mum; 8 Gamic; 9 Bolts

DOWN

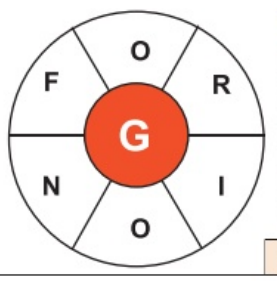
1 Mr Cub; 2 Lam he; 3 Amigo; 4 Vim to; 5 Spice

Mensapuzzle

What are X and Y?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

06 Average; 07 Good; 09 Outstanding

SudokuChallenge

			8	6	3			
9								3
		1		5		4		
1	4	3				9	2	6
		2		9		1		
6	9	5				7	4	8
		6		2		3		
8								2
			5	3	4			

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

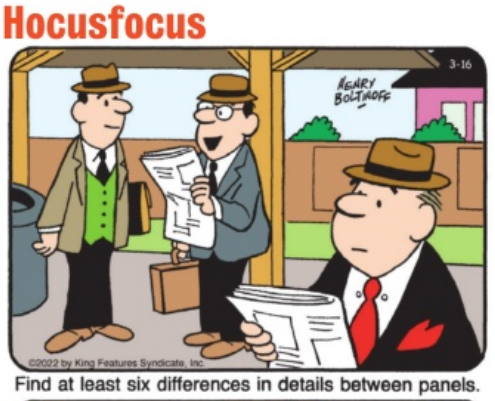
Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 19
2 6 7 8

Medium = 11
2 3 6 7

Hard = 14
2 5 5 3

Hocusfocus



Find at least six differences in details between panels.

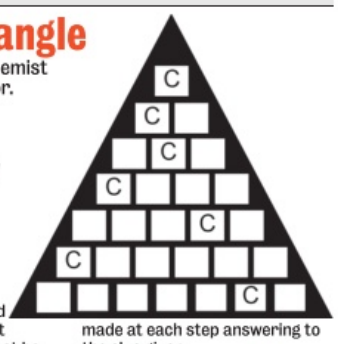
Differences: 1. Hair is different. 2. Briefcase is different. 3. Vest is missing. 4. Elbow patch is added. 5. Newspaper is larger. 6. Bush is moved.

Riddler

Eliminate all 26 letters of the alphabet in alphabetical order, but not necessarily starting with 'A', to reveal a sentence. sohmeitjkimlemsnthopeseqtresasteursvwcaxnydrziaveybcoduesifligy

Alpha triangle

1 Carbon for the chemist
2 Common Era, abbr.
3 Expert
4 Concern
5 Prop up
6 A slight convexity
7 Hug



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

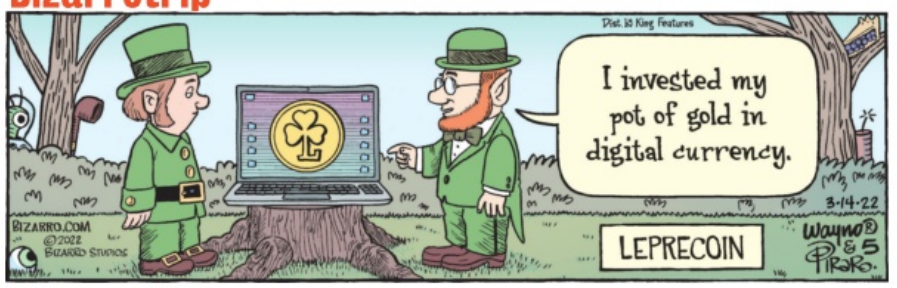
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

IT'S TIME I TAUGHT YOU ABOUT THE BIRDS AND THE BEES, POKEY
GREAT! I'VE ALWAYS WONDERED WHAT THE DIFFERENCE WAS!
THIS MAY TAKE LONGER THAN I THOUGHT

Bizarrotrip



Diamond Lil

I'M IN SPRING TRAINING FOR FLOWER GARDENING
HOW DO YOU TRAIN FOR THAT?
I CARRY AROUND A 40-POUND SACK OF POTTING SOIL UNTIL I HEAR SOMETHING POP
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Hart of the city

Crankshaft

LOOK AT THE WAY MAX AXELROD LOOKS WHEN LENA STEPS UP TO BOWL!
LORD, I'D GIVE ANYTHING TO WIPE THAT SMIRK OFF HIS FACE!
WHOOOPS!
OW!!
LOOKS LIKE I'LL BE GOING TO CHURCH FOR A WHILE!
SORRY... IS THIS ONE OF YOUR TEETH?

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today will be good for your work; you may be able to perform well. Your boss is likely to give you some new responsibility in terms of promotions. Disputes with the partner may settle down. You may lend money for making your assets. Your kid's health may be better now. You are likely to make some investments for kid's future.

Taurus Apr 21 – May 20
Today you may be blessed by moon. Love would be in the air in terms of personal life. Singles may find suitable match. You may do better in terms of professional life. Your friends and subordinate staff may support you. Investments in gems and jewellery are likely to give positive gains in near future. Should be careful for elder's health.

Gemini May 21 – Jun 21
You may be happy due to blessing from auspicious planetary combinations. You may have some sort of energy which may create prestige among people around you. You may spend your time to study intellectual stuff.

Cancer Jun 22 – July 23
Today, the starting of the day may be a dull. After late evening, you may control negativity. New people may connect with you on the work front. With the help of new people; you may try to revamp your business plans. It is advised to read documents before signing.

Leo Jul 24 – Aug 23
Today, with the help of blessings, you may control your indecisiveness. Kid's health will be better now. Your colleagues may be supportive in your work which will convert into success in terms of project. You may expect to get some incentives with your salary. Natives related to dairy, water projects, grains, home maker art and culture may do well.

Virgo Aug 24 – Sep 23
Today, you may plan to migrate from current place to another place. It is advised to think twice before taking decisions regarding migration or change of place. You may also plan to change your job. There will be peace in the mind. But, your kid's health might make you upset. Lovebirds should be patient before taking an important decision in terms of marriage.

Libra Sep 24 – Oct 22
Today, you may be patient. Meditation may help you to increase concentration, which may help to speed up your project. Your subordinates may cooperate with you; it may help you to complete the project before timeline. You are likely to go on some short trips related to work. An influential person may help you to boost your network.

Scorpio Oct 23 – Nov 22
Today, you may be busy in family get -togethers and social events; you may become polite with the people around you, which may increase your prestige among them. You may spend money in buying some artefacts or household stuff which may improve your social status. You are likely to hear some good news from one of your relative.

Sagittarius Nov 23 – Dec 22
Today, you will be busy in family get-togethers; you may re-establish your network, which will give you benefits in near future. Natives related to glamour, art, fashions, films, media may plan to do something new in terms of their profession. Students may perform better today in terms of study. Lovebirds may enjoy their happy moments.

Capricorn Dec 23 – Jan 20
Today you may be busy on the work front which may make you mentally tired which may affect your day-to-day routine. You may be able to create some overseas network. You should be careful in terms of investments. Natives in the job may get a promotion.

Aquarius Jan 21 – Feb 19
Today, situation will be under control. Your destiny is likely to be with you in terms of gains for past investments. You may get some rewards for your hard work. Projects which were stopped without a reason are likely to be reinitiated. You may expect peaceful religious travel. You may also plan to donate some amount to any religious place or to some charity.

Pisces Feb 20 – Mar 20
Today, your moon is not positive; you may have health issues. You may face losses in the business or in past investments. It is advised not to invest into business. Your gains will convert into losses. So, you are advised to stop making investments in worthless objects. You should avoid being involved in controversies; otherwise, it will pull you down negatively.

Sagar P Goswami, 14 Years, Sri Manjunatha Swamy Vidyanikethan

Anu J, 9 Years, Sri Vani Education Centre

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
-25X(-1/5)÷(-1/5)X(-1/5)²=
25/5 ÷ (-1/5) X (-1/5)²=
5 X (-5/1) X (-1/5)²=
- 25/1 X (-1/25)=
25/25 = 1

BULL'S EYE
forgo, frog, giro, goof, goon, grin, groin, ring, ROOFING

RIDDLER
Sometimes these teasers can drive you silly.

FAST FIVE

C	H	I	V	E
M	A	G	I	C
U	M	A	M	I
R	E	M	O	P
B	L	O	T	S

STRIKE OUT

M	A	N	S	I	O	N	S	P	U	R	R	E		
E	Y		C	O	S	I	E	R		T	A	C	T	
D	I	A	L	O	G	U	E		T	A	C	T		
I		L		N		G		S	E	N		A		
A	F	A	R		H	A	T	T	R	I	C	K		
	I		S		T		O		U		A	E		
R	I	N	K	S		P	L	U	M	B				
I		T		S		E		E		A				
C	H	L	O	R	I	D	E		S	O	L	E		
A		A	L	L		W		E		N		D		
R	E	M	E		D	A	B	B	L	I	N	G		
U		I	N	A	I	R		R	O		E			
S	E	C	T		A	D	J	O	I	N	E	D		

QUICK

A	R	R	I	V	E		I	D	I	O	C	Y		
R		E		L		N		P		I				
G	U	Y	S		D	E	L	U	S	I	V	E		
E		K		E		E		O		I				
N		J	A	G	G	R	I	T	I		A	L	I	
	T		A		I		C		R		N			
I	N	V	A	D	E		F	E	R	R	E	T		
N		I		D			N		O		E			
A	S	K		Y	A	N	K	I	N	G		R		
A		A		E		K		I		N		E		
H		R		N		A				A		E		
C	A	T	A	C	O	M	B		E	N	D	S		
	H		R		N		A				A			
G	U	Y	S		D	E	L	U	S	I	V	E		
K		H		D		U		C		T				
D	E	P	U	T	E		L	E	V	E	L	S		

MENSA PUZZLE
X is 6; Y is 1. Starting at number 1 and moving to alternate segments clockwise: 1 2 3 4 5 6 Starting at number 6 and moving in the same way: 6 5 4 3 2 1

QUOTE UNCODE
There is no subject so old that something new cannot be said about it.

SUDOKU

4	5	7	8	6	3	2	1	9
9	2	8	1	4	7	6	5	3
3	6	1	2	5	9	4	8	7
1	4	3	7	8	5	9	2	6
7	8	2	4	9	6	1	3	5
6	9	5	3	1	2	7	4	8
5	1	6	9	2	8	3	7	4
8	3	4	6	7	1	5	9	2
2	7	9	5	3	4	8	6	1

ALPHA TRIANGLE
C, CE, Ace, Care, Brace, Camber, Embrace.

GO FIGURE
Easy
7 – 2 + 6 + 8 = 19
Medium
6 + 3 X 2 – 7 = 11
Hard
5 + 5 – 3 X 2 = 14

LOOP

KAKURO

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Colin and Penelope's love story
The third season of hit Netflix series, 'Bridgerton', will focus on Colin Bridgerton (Luke Newton) and Penelope Featherington's (Nicola Coughlan) love story

BangaloreMirror | 12
Tuesday, May 17, 2022
mybangaloremirror@timesgroup.com
facebook.com/thebangal

Stars at Cannes

Check out some Indian actors who will grace the red carpet

The prestigious Cannes Film Festival is upon us and this year too, a whole lot of Bollywood beauties will sashay down the red carpet in their glamorous best. This year, Cannes' Marche' Du Film is celebrating India as its Official Country Of Honour and one can expect a whole lot of desi glamour being dished out at the red carpet. Take a look at all the actresses who are expected to make an appearance at the French Riviera this year.

Deepika Padukone

This year, Deepika Padukone has made it to the list of jury members and is expected to walk the red carpet on numerous occasions. The actress is part of the eight-member jury team who will announce this year's winners at a gala ceremony in Cannes on May 28. Going by her previous appearances, one can expect Deepika to dish out some more stunners this year.

Aishwarya Rai Bachchan

She has owned the Cannes red carpet with her glamorous appearances and this year too, the former Miss World is expected to floor her fans with her style at the festival. Aishwarya Rai Bachchan is yet to formally confirm her attendance at 75th Cannes Film Festival, but there is a strong buzz that the beauty queen has no plans to miss the gala this year.

Pooja Hegde, Tamannaah Bhatia and Nayanthara

The Ministry of Information and Broadcasting had recently revealed that actresses Tamannaah Bhatia, Pooja Hegde and Nayanthara will attend the prestigious Cannes Film Festival this year. They will be a part of the star-studded Indian delegation led by Anurag Thakur, Union Minister for Information and Broadcasting.

Aditi Rao Hydari

Making her Cannes debut this year is Aditi Rao Hydari. The actress will walk the red carpet, representing a smartphone brand. Expressing her excitement, the actress had told ANI, "I am excited and thrilled to walk the red carpet of the Cannes Film Festival to represent the brand and India on the global stage. As an artist myself, being a part of a prestigious institution that celebrates cinema is an exhilarating feeling."

Sai Pallavi in disguise

Fidaa' actress Sai Pallavi, who will be next seen in Rana Daggubati-starrer 'Virata Parvam', was spotted in a movie hall in disguise.

Earlier on Sunday, Sai Pallavi was spotted with her face and head covered with a scarf in a simple outfit, that went viral yesterday. Sai Pallavi was spotted watching Mahesh Babu's recently released movie 'Sarkaru Vaari Paata', at a theatre in Banjara Hills, according to reports.

It seems like during the screening of the movie, no one noticed her, but the image of her exiting caught the attention of many.

Sai Pallavi, who had a prominent role in the Nani-starrer 'Shyam Singha Roy', had previously also watched her film in a theatre in disguise. —IANS